AMENDMENTS TO THE SPECIFICATION

Please replace lines 15-24 on page 13 with the following:

Fig. 6 is a graph illustrating the reverse link load in an alternate embodiment of the present invention. In Fig. 6. $L_{\rm MAX}$ is the maximum load beyond which the system is unstable and outages are likely to occur. $L_{\rm MIN}$ is the load below which the system is considered lightly loaded. $L_{\rm T}$ is a target load at which the RBS 36 should operate. The values $L_{\rm MAX}$, $L_{\rm T}$, and divide the range of possible load values into four regions, which can be indicated by two bits. In this embodiment, the RBS 36 determines the load indication b(n) as follows:

$$\begin{array}{ll} if & (L(n) > L_{\text{MAX}}) & \{set \, b(n) = 2\} \\ \hline else \, if & (L_T >= L(n) > L_T) & \{set \, b(n) = 1\} \\ \hline else \, if & (L_{\text{MAX}} >= L(n) > L_T) & \{set \, b(n) = 1\} \\ \hline else \, if & (L_T >= L(n) > L_{\text{MIN}}) & \{set \, b(n) = -1\} \\ else & \{set \, b(n) = -2\} \end{array}$$

The load indication b(n) may comprise, for example, a pair of reverse activity bits (RABs) with the values shown in Fig. 6.